




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, [www.studentplanscenter.com](http://www.studentplanscenter.com) or by calling 1-800-756-3702. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary/> or call 1-800-318-2596 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <a href="#">deductible</a> ?	<a href="#">Network</a> : \$250/Individual <a href="#">Non-Network</a> : \$250/Individual <a href="#">Coinsurance</a> and <a href="#">copayments</a> do not count toward the deductible.	Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay.
Are there services covered before you meet your <a href="#">deductible</a> ?	Yes. <a href="#">Network</a> <a href="#">Preventive care</a> and <a href="#">Network</a> Prescription Drugs are covered before you meet your <a href="#">deductible</a>	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <a href="#">deductibles</a> for specific services?	No	You don't have to meet <a href="#">deductibles</a> for specific services.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	For <a href="#">Network providers</a> \$5,550 Individual / \$11,100 Family; for <a href="#">Non-Network providers</a> \$6,850 Individual / \$13,700 Family <a href="#">Prescription</a> Drugs: <a href="#">Network</a> : \$1,300 Individual / \$2,600 Family	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this plan, the overall family <a href="#">out-of-pocket limit</a> must be met.
What is not included in the <a href="#">out-of-pocket limit</a> ?	Premiums, balance-billed charges, health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a>
Will you pay less if you use a <a href="#">network provider</a> ?	Yes. See <a href="http://www.phcs.com">www.phcs.com</a> or call 1-800-922-4362 for a list of <a href="#">network providers</a> .	This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the plan's <a href="#">network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the provider's charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No	You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .

 All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$20 <u>Copay</u> /visit, 20% <u>Coinsurance</u>	\$20 <u>Copay</u> /visit, 20% <u>Coinsurance</u>	One visit per day.
	<u>Specialist</u> visit	\$20 <u>Copay</u> /visit, 20% <u>Coinsurance</u>	\$20 <u>Copay</u> /visit, 20% <u>Coinsurance</u>	One visit per day.
	<u>Preventive care/screening</u> /immunization	No Charge	20% <u>Coinsurance</u>	Limited to those services required by the Affordable Care Act.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	---none---
	Imaging (CT/PET scans, MRIs)	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	---none---
If you need drugs to treat your illness or condition More information about <u>prescription drug coverage</u> is available at <a href="http://www.studentplanscenter.com">www.studentplanscenter.com</a>	Generic drugs	\$25 <u>Copay</u> /Prescription	20% <u>Coinsurance</u>	No <u>copayment</u> for contraceptives. All prescriptions must be filled at a participating pharmacy.
	Preferred brand drugs	\$50 <u>Copay</u> /Prescription	20% <u>Coinsurance</u>	All prescriptions must be filled at a participating pharmacy.
	Non-preferred brand drugs	\$75 <u>Copay</u> /Prescription	20% <u>Coinsurance</u>	All prescriptions must be filled at a participating pharmacy.
	<u>Specialty drugs</u>	\$75 <u>Copay</u> /Prescription	20% <u>Coinsurance</u>	All prescriptions must be filled at a participating pharmacy.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	---none---
	Physician/surgeon fees	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	Physician: One visit per day. If two or more surgical procedures are performed through the same incision or in immediate succession at the same operative session, We will not pay a full allowance for each one.
If you need immediate medical attention	<u>Emergency room care</u>	\$200 <u>Copay</u> /visit, 20% <u>Coinsurance</u> (copay waived if admitted)	\$200 <u>Copay</u> /visit, 20% <u>Coinsurance</u> (copay waived if admitted)	---none---
	<u>Emergency medical transportation</u>	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	---none---

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
	<a href="#">Urgent care</a>	\$20 <u>Copay</u> /visit, 20% <u>Coinsurance</u>	\$20 <u>Copay</u> /visit, 20% <u>Coinsurance</u>	One visit per day.
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	---none---
	Physician/surgeon fees	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	Physician: One visit per day. If two or more surgical procedures are performed through the same incision or in immediate succession at the same operative session, We will not pay a full allowance for each one.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$20 <u>Copay</u> /visit, 20% <u>Coinsurance</u>	\$20 <u>Copay</u> /visit, 20% <u>Coinsurance</u>	---none---
	Inpatient services	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	---none---
If you are pregnant	Office visits	\$20 <u>Copay</u> /visit, 20% <u>Coinsurance</u>	\$20 <u>Copay</u> /visit, 20% <u>Coinsurance</u>	---none---
	Childbirth/delivery professional services	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	---none---
	Childbirth/delivery facility services	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	Up to 48 hours for normal vaginal delivery and 96 hours (not including the day of surgery) for a caesarean section delivery.
If you need help recovering or have other special health needs	<a href="#">Home health care</a>	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	---none---
	<a href="#">Rehabilitation services</a>	\$20 <u>Copay</u> /visit, 20% <u>Coinsurance</u>	\$20 <u>Copay</u> /visit, 20% <u>Coinsurance</u>	One visit per day.
	<a href="#">Habilitation services</a>	\$20 <u>Copay</u> /visit, 20% <u>Coinsurance</u>	\$20 <u>Copay</u> /visit, 20% <u>Coinsurance</u>	One visit per day. When Medically Necessary.
	<a href="#">Skilled nursing care</a>	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	---none---
	<a href="#">Durable medical equipment</a>	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	---none---
	<a href="#">Hospice services</a>	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	---none---

If your child needs dental or eye care	Children's eye exam	No Charge	\$20 <u>Copay</u> , 20% Coinsurance	Preventive Only. One visit per Policy Year.
	Children's glasses	No Charge	\$40 <u>Copay</u> , 20% Coinsurance	One pair of prescribed lenses and frames per Policy Year.
	Children's dental check-up	No Charge	20% Coinsurance	Preventive Only. Two checkups every 12 months.

#### Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other <u>excluded services</u> .)			
<ul style="list-style-type: none"> <li>Cosmetic surgery, except if a direct result of a Covered Injury that necessitates medical treatment within 24 hours of the Accident or results from Reconstructive Surgery</li> </ul>	<ul style="list-style-type: none"> <li>Dental care (Adult)</li> <li>Hearing aids</li> <li>Infertility treatment</li> <li>Long-term care</li> </ul>	<ul style="list-style-type: none"> <li>Routine foot care, except for the treatment of diabetes</li> <li>Weight loss programs</li> </ul>	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)			
<ul style="list-style-type: none"> <li>Acupuncture, by a licensed Acupuncturist only</li> <li>Bariatric surgery, when Medically Necessary</li> <li>Chiropractic Care</li> </ul>	<ul style="list-style-type: none"> <li>Non-Emergency care when traveling outside the U.S., except there is no coverage (emergency or otherwise) for International Students in their Home Country</li> </ul>	<ul style="list-style-type: none"> <li>Private-duty nursing (inpatient)</li> <li>Routine eye care (Adult), one routine exam per Policy Year</li> </ul>	

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: State of Vermont, Department of Financial Regulation, 89 Main Street, Montpelier, VT 05620–3101, Main Number: 802-828-3301, [www.dfr.vermont.gov](http://www.dfr.vermont.gov). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also

provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: State of Vermont, Department of Financial Regulation, 89 Main Street, Montpelier, VT 05620–3101, Main Number: 802-828-3301, <http://www.dfr.vermont.gov/insurance/insurance-consumer/file-insurance-complaint>.

**Does this plan provide Minimum Essential Coverage? Yes**

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

**Does this plan meet the Minimum Value Standards? Yes**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

-----*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*-----

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$250
■ <a href="#">Specialist copayments</a>	\$20
■ Hospital (facility) <a href="#">coinsurance</a>	20%
■ Other <a href="#">coinsurance</a>	20%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,740</b>
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$250
Copayments	\$80
Coinsurance	\$2,400
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$2,790</b>

### Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$250
■ <a href="#">Specialist copayments</a>	\$20
■ Hospital (facility) <a href="#">coinsurance</a>	20%
■ Other <a href="#">coinsurance</a>	20%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$7,410</b>
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$250
Copayments	\$1,000
Coinsurance	\$300
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Joe would pay is</b>	<b>\$1,610</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$250
■ <a href="#">Specialist copayments</a>	\$20
■ Hospital (facility) <a href="#">coinsurance</a>	20%
■ Other <a href="#">coinsurance</a>	20%

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$1,900</b>
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In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$250
Copayments	\$100
Coinsurance	\$200
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$550</b>

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.