

# BENEFITS AT A GLANCE

STUDENT HEALTH INSURANCE PLAN | PLAN YEAR 2021/2022

#### **DESIGNED EXCLUSIVELY FOR THE STUDENTS OF:**

#### **POST UNIVERSITY**

Waterbury, CT ("the Policyholder")

#### **UNDERWRITTEN BY:**

Wellfleet Insurance Company | Fort Wayne, IN ("the Company") Policy Number: WI2122CTSHIP38 Group Number: ST1520SH Effective: 8/14/2021 – 8/13/2022

ADMINISTERED BY: Wellfleet Group, LLC



Table of Contents (Click on section title below to go to section in "Benefits at a Glance.")

Welcome Students	2
Where to Find Help	3
Am I Eligible?	3
How Do I Waive/Enroll?	3
Effective Dates & Costs	4
Preferred Provider Organization (PPO) Network	4
Post University Schedule of Benefits	4
Pre-Certification	15
Exclusions and Limitations	15
Value Added Services	19

# Welcome Students...

We are pleased to provide you with this summary of the 2021 – 2022 Student Health Insurance Plan ("Plan"), which is fully compliant with the Affordable Care Act. "Benefits at a Glance" includes effective dates and costs of coverage, as well as other helpful information. For questions about enrollment into the Plan, please go to Gallagher Student at <u>www.gallagherstudent.com/post</u>. For additional details about the Plan, please consult the Plan Certificate and other materials at <u>www.wellfleetstudent.com</u>. For questions about medical benefits or claims, please call Wellfleet Student at (877) 657-5030, TTY 711.

## Where to Find Help

For Questions About:	Please Contact:
Insurance Benefits Enrollment Waiver Servicing Agent	Gallagher Student Health & Special Risk www.gallagherstudent.com/post (888) 538-0398
Claims Processing ID Cards Preferred Provider Listings ID Card Requests	Wellfleet Group, LLC PO Box 15369 Springfield, Massachusetts 01115-5369 (877) 657-5030, TTY 711 www.wellfleetstudent.com
Preferred PPO Provider Listings	Wellfleet Student www.wellfleetstudent.com or www.cigna.com Send Cigna claims to: CIGNA PO Box 188061 Chattanooga, TN 37422 – 8061 Electronic Payor ID: 62308
Prescription Drug Provider	For information about the Wellfleet Rx/ESI Prescription Drug Program, please visit <u>www.wellfleetstudent.com</u> Your plan includes Wellfleet Rx – offering over 40 generics at a \$0 copay. Please ask your health care provider to review our <u>formulary</u> to see if these medications are right for you. Click here <u>http://wellfleetrx.com/students/formularies/</u> for more information.

## Am I Eligible?

All full-time registered students will be automatically enrolled in the Student Health Insurance Plan unless proof of other coverage is provided.

# How Do I Waive/Enroll?

- 1. Go to www.gallagherstudent.com/post
- 2. Log in.
- 3. Click on the 'Student Waive/Enroll' button.
- 4. Select the 'I want to Waive/Enroll' button. If you're waiving the insurance, have your current health insurance ID card ready as you will need this information in order to complete the waiver form.

## **Effective Dates & Costs**

All time periods begin at 12:00 A.M. local time and end at 11:59 P.M. local time at the Policyholder's address.			
Coverage Period	Coverage Start Date	Coverage End Date	Enrollment/Waiver Deadline
Annual	8/14/2021	8/13/2022	11/24/2021
Spring (New Students Only)	1/1/2022	8/13/2022	2/10/2022

Plan Costs for Domestic Students		
	Annual	Spring (New Students Only)
Student*	\$950	\$589

\*The above plan costs include an administrative service fee.

## **Preferred Provider Organization (PPO) Network**

#### ...providing access to quality health care at discounted costs!

By enrolling in this Student Health Plan, you have the Cigna PPO Network of participating Providers. To find a complete listing of the Network's participating Providers, go to <u>www.cigna.com</u>, or contact Wellfleet Student toll-free at (877) 657-5030, TTY 711, or <u>www.wellfleetstudent.com</u> for assistance.

## **Post University Schedule of Benefits**

This is only a brief description of coverage available under Certificate form CT SHIP CERT (2019). The Certificate will contain full details of coverage, coinsurance, limitations, exclusions, and termination provisions. If there are any conflicts between this document and the Certificate, the Certificate governs in all cases.

UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE (IF APPLICABLE) WILL ALWAYS APPLY.

#### SCHEDULE OF BENEFITS

#### **Preventive Services:**

In-Network Provider: The Deductible, Coinsurance, and any Copayment are not applicable to Preventive Services. Benefits are paid at 100% of the Negotiated Charge when services are provided through an In-Network Provider.

Out-of-Network Provider: Deductible, Coinsurance, and any Copayment are applicable to Preventive Services provided through an Out-of-Network Provider. Benefits are paid at 80% of the Usual and Customary Charge.

#### POST UNIVERSITY 2021 - 2022 STUDENT HEALTH INSURANCE PLAN

Medical Deductible	In-Network Provider	Individual:	\$100
	Out-of-Network Provider	Individual:	\$100

Cost sharing You incur for Covered Medical Expenses that is applied to the Out-of-Network Deductible will not be applied to satisfy the In-Network Deductible. Cost sharing You incur for Covered Medical Expenses that is applied to the In-Network Deductible will not be applied to satisfy the Out-of-Network Provider Deductible.

Out-of-Pocket Maximum:	In-Network Provider	Individual	\$6,350
	Out-of-Network Provider	Individual	\$13,700

Cost sharing You incur for Covered Medical Expenses that is applied to the Out-of-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the In-Network Provider Out-of-Pocket Maximum and cost sharing You incur for Covered Medical expenses that is applied to the In-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the Out-of-Network Provider Out-of-Pocket Maximum.

#### **Coinsurance Amounts:**

In-Network Provider:	90% of the Negotiated Charge for Covered Medical Expenses unless otherwise stated below.
Out-of-Network Provider:	80% of the Usual and Customary Charge (U&C) for Covered Medical Expenses unless otherwise stated below

#### Insured will be responsible for Copayment or stated Coinsurance, not both.

#### Medical Benefit Payments for In-Network Providers and Out-of-Network Providers

The Certificate provides benefits based on the type of health care provider You select. The Certificate provides access to both In-Network Providers and Out-of-Network Providers. Different benefits may be payable for Covered Medical Expenses rendered by In-Network Providers versus Out-of-Network Providers, as shown in the Schedule of Benefits.

#### **Dental and Vision Benefit Payments**

For dental and vision benefits, You may choose any dental or vision provider. For dental, different benefits may be payable based on the type of service, as shown in the Schedule of Benefits.

#### **Preferred Provider Organization:**

To locate an In-Network Provider in Your area, consult Your Provider Directory or call toll free 877-657-5030, TTY 711 or visit Our website at <u>www.wellfleetstudent.com</u>

#### THE COVERED MEDICAL EXPENSE FOR AN ISSUED CERTIFICATE WILL BE:

- 1. THOSE LISTED IN THE COVERED MEDICAL EXPENSES PROVISION;
- 2. ACCORDING TO THE FOLLOWING SCHEDULE OF BENEFITS; AND
- 3. DETERMINED BY WHETHER THE SERVICE OR TREATMENT IS PROVIDED BY AN IN-NETWORK OR OUT-OF-NETWORK PROVIDER.
- 4. UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE WILL ALWAYS APPLY.

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
· · · ·	Inpatient Benefits	
Hospital Care Includes hospital room & board expenses and miscellaneous services and supplies. Subject to Semi-Private room rate unless intensive care unit is required.	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Room and Board includes intensive care.		
Pre-Certification Required		
Preadmission Testing	Cost sharing based	d on facility of service
Physician's Visits while Confined: Limited to 1 visit per day of Confinement per provider	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Inpatient Surgery: Pre-Certification Required		
Surgeon Services	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Anesthetist	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Assistant Surgeon	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Registered Nurse Services for private duty nursing while Confined	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Physical Therapy while Confined (inpatient)	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Skilled Nursing Facility Benefit Pre-Certification required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Skilled Nursing Facility Benefit Maximum days per Policy Year	90	90
Inpatient Rehabilitation Facility Expense Benefit Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses

INPATIENT MENTAL HEALTH DISORDER AND SUBSTANCE USE DISORDER		
Mental Health Disorder and Substance Use Disorder Benefit Pre-Certification Required In accordance with the federal Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA), the cost sharing requirements, day or visit limits, and any Pre-certification requirements that apply to a Mental Health Disorder and Substance Use Disorder will be no more restrictive than those that apply to medical and surgical benefits for any	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
other Covered Sickness.	Outpatient Benefits	
Outpatient Surgery: Pre-Certification required including outpatient miscellaneous- expenses for services & supplies, such as cost of operating room, therapeutic services, oxygen, oxygen tent, and blood & plasma, anesthetist and assistant surgeon charges.	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Physician's Office Visits	\$20 Copayment per visit then the plan pays 100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Specialist/Consultant Physician Services	\$20 Copayment per visit then the plan pays 100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Telemedicine or Telehealth Services	\$20 Copayment per visit then the plan pays 100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Cardiac Rehabilitation	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Pulmonary Rehabilitation	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Rehabilitation Therapy including, Physical Therapy, and Occupational Therapy and Speech Therapy Pre-Certification Required	\$20 Copayment per visit then the plan pays 100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Maximum Visits for each therapy per Policy Year for Physical Therapy, Occupational Therapy and Speech Therapy	40	40

Habilitative Services including, Physical Therapy, and Occupational Therapy and Speech Therapy Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Emergency Services in an emergency department (includes Urgent Care for Emergency Medical Conditions).	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	Paid the same as In-Network Provider subject to Usual and Customary Charge.
Urgent Care Centers for non-life-threatening conditions	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Diagnostic Imaging Services Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
CT Scan, MRI and/or PET Scans Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Laboratory Procedures (Outpatient)	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Chemotherapy and Radiation Therapy Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Infusion Therapy Pre-Certification Required	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Home Health Care Expenses This benefit is not subject to the plan Deductible. Pre-Certification Required	90% of the Negotiated Charge for Covered Medical Expenses	80% of Usual and Customary Charge for Covered Medical Expenses
Home Health Care Expenses Maximum visits per Policy Year	100	100
Hospice Care Coverage	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses

OUTPATIENT MENTAL HEALTH DISORDER AND SUBSTANCE USE DISORDER		
Mental Health Disorder and Substance Use Disorder Benefit Pre-Certification Required except for office visits		
Physician's Office Visits including, but not limited to, physician visits; individual and group therapy; medication management	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
All Other Outpatient Services including, but not limited to, Intensive Outpatient Programs (IOP); partial hospitalization; Electronic Convulsive Therapy (ECT); Repetitive Transcranial Magnetic Stimulation (rTMS); psychiatric and neuropsych testing	\$20 Copayment per visit then the plan pays 100% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
In accordance with the federal Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA), the cost sharing requirements, day or visit limits, and any Pre-Certification requirements that apply to a Mental Health Disorder and Substance Use Disorder will be no more restrictive than those that apply to medical and surgical benefits for any other Covered Sickness.		
Prescription Drugs Retail Pharmacy		
No cost sharing applies to ACA Preventiv TIER 1 (Including Enteral Formulas) For each fill up to a 30 day supply filled at a Retail pharmacy	<ul> <li>Care medications filled at a participatin</li> <li>\$5 Copayment then the plan pays</li> <li>100% of the Negotiated Charge for</li> <li>Covered Medical Expenses</li> <li>Deductible Waived</li> </ul>	g network pharmacy 80% of Actual charge after Deductible for Covered Medical Expenses
Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.		
See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.		
More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy	\$10 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	80% of Actual charge after Deductible for Covered Medical Expenses
More than a 60 day supply filled at a Retail pharmacy	Deductible Waived \$15 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	80% of Actual charge after Deductible for Covered Medical Expenses
	Deductible Waived	

TIER 2 (Including Enteral Formulas) For each fill up to a 30- day supply filled at a Retail pharmacy	\$20 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	80% of Actual charge after Deductible for Covered Medical Expenses
Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.		
See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.		
More than a 30- day supply but less than a 61- day supply filled at a Retail pharmacy	\$40 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	80% of Actual charge after Deductible for Covered Medical Expenses
More than a 60- day supply filled at a Retail pharmacy	\$60 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	80% of Actual charge after Deductible for Covered Medical Expenses
TIER 3 (Including Enteral Formulas) For each fill up to a 30- day supply filled at a Retail Pharmacy Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions. See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.	\$40 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	80% of Actual charge after Deductible for Covered Medical Expenses
More than a 30- day supply but less than a 61- day supply filled at a Retail pharmacy	\$80 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	80% of Actual charge after Deductible for Covered Medical Expenses
More than a 60- day supply filled at a Retail pharmacy	\$120 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	80% of Actual charge after Deductible for Covered Medical Expenses
	Deductible Waived	

	80% of Actual charge for Covered	
Covered Medical Expenses	Medical Expenses	
Deductible Waived	Deductible Waived	
Deddelible Walved		
	1	
\$40 Copayment then the plan pays	80% of Actual charge after Deductible	
100% of the Negotiated Charge for Covered Medical Expenses	for Covered Medical Expenses	
Deductible Waived		
\$80 Copayment then the plan pays	80% of Actual charge after Deductible	
100% of the Negotiated Charge for Covered Medical Expenses	for Covered Medical Expenses	
Deductible Waived		
\$120 Copayment then the plan pays	80% of Actual charge after Deductible	
	for Covered Medical Expenses	
Covered Medical Expenses		
Deductible Waived		
otion drugs (including specialty drugs)		
Greater of:		
••		
Infusion Therapy Benefit		
lies purchased at a pharmacy)		
Paid the same as any other Retail Phar	macy Prescription Drug Fill	
Other Benefits		
90% of the Negotiated Charge after	80% of Usual and Customary Charge	
Deductible for Covered Medical	after Deductible for Covered Medical	
Expenses	Expenses	
90% of the Negotiated Charge after	Paid the same as In-Network Provider	
Deductible for Covered Medical	subject to Usual and Customary	
Expenses	Charge.	
90% of the Negotiated Charge after	80% of Usual and Customary Charge	
Deductible for Covered Medical	after Deductible for Covered Medical	
Expenses	Expenses	
Same as any other Covered Sickness		
	80% of Usual and Customary Charge	
Deductible for Covered Medical Expenses	after Deductible for Covered Medical Expenses	
	100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived \$80 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived \$120 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived tion drugs (including specialty drugs) Greater of: • Chemotherapy Benefit; or • Infusion Therapy Benefit lies purchased at a pharmacy) Paid the same as any other Retail Phart Other Benefits 90% of the Negotiated Charge after Deductible for Covered Medical Expenses 90% of the Negotiated Charge after Deductible for Covered Medical Expenses	

Diabetic services and supplies (including equipment and training)	Covered the same as any other Sickness	Covered the same as any other Sickness
Refer to the Prescription Drug		
provision for diabetic supplies covered		
under the Prescription Drug benefit.		
Dialysis Treatment	90% of the Negotiated Charge after	80% of Usual and Customary Charge
	Deductible for Covered Medical Expenses	after Deductible for Covered Medical Expenses
Maternity Benefit		r Covered Sickness
Enteral Formulas and Nutritional	90% of the Negotiated Charge after	80% of Usual and Customary Charge
Supplements	Deductible for Covered Medical	after Deductible for Covered Medical
(Treatment of Inherited Metabolic	Expenses	Expenses
Diseases and Medically Necessary		
Specialized Formulas)		
See the Prescription Drug section of		
this Schedule when purchased at a		
pharmacy.		
Prosthetic and Orthotic Devices	90% of the Negotiated Charge after	80% of Usual and Customary Charge
	Deductible for Covered Medical	after Deductible for Covered Medical
Pre-Certification Required	Expenses	Expenses
Reconstructive Surgery	90% of the Negotiated Charge after	80% of Usual and Customary Charge
Dro Cortification Dogwirod	Deductible for Covered Medical	after Deductible for Covered Medical
Pre-Certification Required Pediatric Dental Care Benefit (to the	Expenses See the Pediatric Dental Care Benefit de	Expenses
end of the month in which the Insured	information.	escription in the certificate for further
Person turns age 19)		
Preventive Dental Care	100% of Usual and Customary Charge	
Limited to 1 dental exams every 6 months		
months		
The benefit payable amount for the		
following services is different from the		
benefit payable amount for Preventive		
Dental Care:		
Emergency Dental	50% of Usual and Customary Charge	
Routine Dental Care	50% of Usual and Customary Charge	
Endodontic Services	50% of Usual and Customary Charge	
Prosthodontic Services	50% of Usual and Customary Charge	
Periodontic Services	50% of Usual and Customary Charge	
Medically Necessary Orthodontic Care	50% of Usual and Customary Charge	
Claim forms must be submitted to us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.		

Pediatric Vision Care Benefit (to the end of the month in which the Insured Person turns age 19) Limited to 1 visit(s) per Policy Year and 1 pair of prescribed lenses and frames or contact lenses (in lieu of eyeglasses) per Policy Year Claim forms must be submitted to us as soon as reasonably possible. Refer	100% of Usual and Customary Charge f per Policy Year	or Covered Medical Expenses
to Proof of Loss provision contained in		
the General Provisions.		
Accidental Injury Dental Treatment for Insured Person's over age 18	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Sickness Dental Expense for Insured	90% of the Negotiated Charge after	80% of Usual and Customary Charge
Person's over age 18	Deductible for Covered Medical	after Deductible for Covered Medical
Subject to \$350 per tooth	Expenses	Expenses
Chiropractic Care Benefit	\$20 Copayment per visit then the	80% of Usual and Customary Charge
Pre-Certification Required	plan pays 100% of the Negotiated Charge after Deductible for Covered Medical Expenses	after Deductible for Covered Medical Expenses
Chiropractic Care Benefit Maximum	20	20
visits per Policy Year		
Gender Reassignment Benefit	90% of the Negotiated Charge after Deductible for Covered Medical	80% of Usual and Customary Charge after Deductible for Covered Medical
Pre-Certification Required	Expenses	Expenses
Infertility Treatment	90% of the Negotiated Charge after Deductible for Covered Medical	80% of Usual and Customary Charge after Deductible for Covered Medical
Pre-Certification Required Organ Transplant Surgery	Expenses 90% of the Negotiated Charge after	Expenses 80% of Usual and Customary Charge
travel and lodging expenses limited to: Lodging 10 nights up to the average standard room rate (assumes double occupancy).	Deductible for Covered Medical Expenses	after Deductible for Covered Medical Expenses
Meals- 2 meals per person a day up to a 10 day maximum while at the transplant facility.		
Pre-Certification Required		
Treatment for Temporomandibular	90% of the Negotiated Charge after	80% of Usual and Customary Charge
Joint (TMJ) Disorders	Deductible for Covered Medical Expenses	after Deductible for Covered Medical Expenses
Tuberculosis screening, Titers, Quantiferon B tests including shots (other than covered under preventive services)	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Sports Accident Expense - incurred as the result of the play or practice of club sports	90%% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses

Non-emergency Care While Traveling	100% of Actual Charge after Deductible for Covered Medical Expenses		
Outside of the United States	Subject to \$10,000 maximum per Policy Year		
Medical Evacuation Expense	100% of Actual Charge for Covered Medical Expenses Deductible Waived		
	Subject to \$50,000 maximum per Policy Year		
Repatriation Expense	100% of Actual Charge for Covered Medical Expenses Deductible Waived Subject to \$25,000 maximum per Policy Year		
	Mandated Benefits		
Accidental Ingestion/Consumption	90% of the Negotiated Charge after	80% of Usual and Customary Charge	
of Controlled Drugs Benefit Up to 30 days of Hospital Confinement	Deductible for Covered Medical Expenses	after Deductible for Covered Medical Expenses	
per Policy Year Adult Vision Care	90% of Usual and Customary Charge aft	Ler Deductible for Covered Medical	
Annual retina exam for an existing condition of the eye, such as glaucoma or diabetic retinopathy. Subject to the limits described in the benefit.	Expenses		
Autism Spectrum Disorders Benefit	Same as any other Covered Sickness		
Bone Marrow Testing Benefit	Based on site of service not to exceed 20% of Actual charge for Covered Medical Expenses	Based on site of service not to exceed 20% of Actual charge for Covered Medical Expenses	
	Deductible Waived	Deductible Waived	
Colorectal Cancer Screening	Same as any other	Preventive Service	
Craniofacial Disorders Benefit	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses	
Epidermolysis Bullosa Treatment Benefit	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses	
Hair Prosthesis Expense Benefit Up to one wig per year when prescribed by an oncologist for an Insured Person suffering hair loss as a result of chemotherapy or radiation therapy	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses	
Hospital Dental Services Benefit	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses	
Hypodermic Needles or Syringes Expense Benefit	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses	
Isolation Care and Emergency Services Benefit	90% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses	
Mammography and Breast Ultrasound Benefit	Same as any other Preventive Service		

Mastectomy, Reconstructive Breast	90% of the Negotiated Charge after	80% of Usual and Customary Charge
Surgery, or Lymph Node Dissection	Deductible for Covered Medical	after Deductible for Covered Medical
Benefit	Expenses	Expenses
Ostomy Surgery Benefit	90% of the Negotiated Charge after	80% of Usual and Customary Charge
	Deductible for Covered Medical	after Deductible for Covered Medical
	Expenses	Expenses
Pain Management Benefit	90% of the Negotiated Charge after	80% of Usual and Customary Charge
	Deductible for Covered Medical	after Deductible for Covered Medical
	Expenses	Expenses
Prostate Cancer Screening and	90% of the Negotiated Charge after	80% of Usual and Customary Charge
Treatment	Deductible for Covered Medical	after Deductible for Covered Medical
	Expenses	Expenses
Surgical Removal of Tumors;	90% of the Negotiated Charge after	80% of Usual and Customary Charge
Treatment of Leukemia; Prosthetic	Deductible for Covered Medical	after Deductible for Covered Medical
Devices Benefit	Expenses	Expenses
Treatment of Lyme Disease	Same as any other Covered Sickness	
	subject to the limits described in the	
	benefit	

#### ACCIDENTAL DEATH AND DISMEMBERMENT BENEFIT

Principal Sum ......\$10,000

Loss must occur within 365 days of the date of a covered Accident.

Only one benefit will be payable under this provision, that providing the largest benefit, when more than one (1) loss occurs as the result of any one (1) Accident. This benefit is payable in addition to any other benefits payable under the Certificate.

#### **Pre-Certification**

Pre-Certification is required for inpatient hospital, surgery and selected outpatient services. Pre-Certification is not required for an Emergency Medical Condition or for a Life Threatening Condition or Urgent Care or Hospital Confinement for the initial 48/96 hours of maternity care. Additionally, no authorization requirement will apply to obstetrical or gynecological care provided by In-Network Providers.

## **Exclusions and Limitations**

**Exclusion Disclaimer**: Any exclusion in conflict with the Patient Protection and Affordable Care Act or any stateimposed requirements will be administered to comply with the requirements of the federal or state guideline, whichever is more favorable to You.

The Certificate does not cover loss nor provide benefits for any of the following, except as otherwise provided by the benefits of the Certificate and as shown in the Schedule of Benefits.

- 1. International Students Only Eligible expenses within Your Home Country or country of origin that would be payable or medical Treatment that is available under any governmental or national health plan for which You could be eligible.
- 2. Treatment, service or supply which is not Medically Necessary for the diagnosis, care or treatment of the Sickness or Injury involved. This applies even if they are prescribed, recommended or approved by the Student Health Center or by Your attending Physician or dentist.
- 3. Medical services rendered by a provider employed for or contracted with the Policyholder, including team physicians or trainers, except as specifically provided in the Schedule of Benefits or as part of the Student Health Center benefits provided by this plan.

#### POST UNIVERSITY 2021 - 2022 STUDENT HEALTH INSURANCE PLAN

- 4. Professional services rendered by an Immediate Family Member or anyone who lives with You.
- 5 Routine foot care, including the paring or removing of corns and calluses, or trimming of nails, unless these services are determined to be Medically Necessary because of Injury, infection or disease.
- 6 Infertility treatment (male or female) -this includes but is not limited to(except as otherwise specifically covered under the Certificate):
  - Procreative counseling;
  - Premarital examinations;
  - Genetic counseling and genetic testing;
  - Impotence, organic or otherwise;
  - Injectable infertility medication, including but not limited to menotropins, hCG and GnRH agonists;
  - Costs for an ovum donor or donor sperm;
  - Sperm storage costs;
  - Cryopreservation and storage of embryos;
  - Hysteroscopy;
  - Laparoscopy;
  - Laparotomy;
  - Ovulation predictor kits;
  - Reversal of tubal ligations;
  - Reversal of vasectomies;
  - Costs for and relating to surrogate motherhood (maternity services are Covered for Members acting as surrogate mothers);
  - Cloning; or
  - Medical and surgical procedures that are experimental or investigational, unless Our denial is overturned by an External Appeal Agent.
- 7. Expenses covered under any Workers' Compensation, occupational benefits plan, mandatory automobile no-fault plan, public assistance program or government plan, except Medicaid. subject to applicable law.
- 8. Charges of an institution, health service or infirmary for whose services payment is not required in the absence of insurance or services covered by Student Health Fees.
- 9. Any expenses in excess of Usual and Customary Charges except as provided in the Certificate.
- 10. Loss incurred as the result of riding as a passenger or otherwise (including skydiving) in a vehicle or device for aerial navigation, except as a fare paying passenger in an aircraft operated by a scheduled airline maintaining regular published schedules on a regularly established route anywhere in the world.
- 11. Loss resulting from war or any act of war, whether declared or not, or loss sustained while in the armed forces of any country or international authority.
- 12. Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any Intercollegiate sports for which benefits are paid under another Sports Accident policy issued to the Policyholder; or for which coverage is provided by the National Collegiate Athletic Association (NCAA), National Association of Intercollegiate Athletic (NAIA) or any other sports association.
- 13. Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any professional sport.
- 14. Treatment, services, supplies or facilities in a Hospital owned or operated by a national government or any of its agencies, except when a charge is made which You are required to pay or by a Veteran's Administration.
- 15. Services that are duplicated when provided by both a certified Nurse-midwife and a Physician.
- 16. Expenses payable under any prior policy which was in force for the person making the claim.
- 17. Injury sustained as the result of Your operation of a motor vehicle while not properly licensed to do so in the jurisdiction in which the motor vehicle accident takes place.
- 18. Expenses incurred after:
  - The date insurance terminates as to an Insured Person except as specified in the extension of benefits provision; and
  - The end of the Policy Year specified in the Policy.
- 19. Elective Surgery or Elective Treatment unless such coverage is otherwise specifically covered under the Certificate.
- 20. Charges incurred for acupuncture, in any form, except to the extent provided in the Schedule of Benefits.
- 21. Weight management. Weight reduction. Nutrition programs. This does not apply to nutritional counseling

or any screening or assessment specifically provided under the Preventive Services benefit, or otherwise specifically covered under the Certificate.

- 22. Treatment for obesity. Surgery for removal of excess skin or fat.
- 22. Charges for hair growth or removal unless otherwise specifically covered under the Certificate.
- 23. Expenses for radial keratotomy.
- 24. Adult Vision unless specifically provided in the Certificate.
- 25. Charges for office visit exam for the fitting of prescription contact lenses, duplicate spare eyeglasses, lenses or frames, non-prescription lenses or contact lenses that are for cosmetic purposes.
- 26. Charges for hearing exams, hearing screening, and the fitting or repair or replacement of hearing aids or cochlear implants except as specifically provided in the Certificate.
- 27. Racing or speed contests, skin diving or sky diving, mountaineering (where ropes or guides are customarily used), ultra-light aircraft, parasailing, sail planing, hang gliding, bungee jumping, travel in or on ATV's (all terrain or similar type vehicles) or other hazardous sport or hobby.
- 28. Surgery or related services for cosmetic purposes to improve appearance, except to restore bodily function or correct deformity resulting from disease, or trauma.
- 29. Treatment to the teeth, including orthodontic braces and orthodontic appliances, unless otherwise covered under the Pediatric and Adult Dental Care Benefit.
- 30. Participation in a riot, civil disorder or a felony, except when Injury occurs when the Insured Person has an elevated blood alcohol content or when under the influence of intoxicating liquor or any drug or both. Participation means to voluntarily take a part or share with others assembled together in some activity. Riot means a violent public disturbance of the peace by a number of persons assembled together.
- 31. Elective abortions.
- 32. Custodial Care service and supplies except when provided in connection with Extended Day Treatment Programs.
- 33. Charges for hot or cold packs for personal use.
- 34. Braces and appliances used as protective devices during a student's participation in sports. Replacement braces and appliances are not covered.
- 35. Services of private duty Nurse except as provided in the Certificate.
- 36. Expenses that are not recommended and approved by a Physician.
- 37. Routine harvesting and storage of stem cells from newborn cord blood, the purchase price of any organ or tissue, donor services if the recipient is not an Insured Person under this plan, or services for or related to the transplantation of animal or artificial organs or tissues.
- 38. Cosmetic procedures related to Gender Reassignment including but not limited to rhinoplasty, face lift, facial bone reduction, lip enhancement or reduction, blepharoplasty, body contouring, reduction thyroid chondroplasty, hair removal, voice modification surgery, skin resurfacing, chin implants, nose implants.
- 39. Treatment of Acne unless Medically Necessary.
- 40. Experimental or Investigational drugs, devices, treatments or procedures unless otherwise covered under Covered Clinical Trials or covered under clinical trials (routine patient costs). See the Other Benefits section for more information.
- 41. Under the Prescription Drug Benefit shown in the Schedule of Benefits:
  - any drug or medicine which does not, by federal or state law, require a prescription order, i.e. overthe-counter drugs, even if a prescription is written, except as specifically provided under Preventive Services or in the Prescription Drug Benefit section of the Certificate. Insulin and OTC preventive medications required under ACA are exempt from this exclusion;
  - o drugs with over-the-counter equivalents except as specifically provided under Preventive Services;
  - o allergy sera and extracts administered via injection;
  - $\circ \quad$  any drug or medicine for the purpose of weight control;
  - fertility drugs;
  - o sexual enhancements drugs;
  - o vitamins, and minerals, except as specifically provided under Preventive Services;
  - o food supplements, dietary supplements; except as specifically provided in the Certificate;
  - cosmetic drugs or medicines, including but not limited to, products that improve the appearance of wrinkles or other skin blemishes;
  - o refills in excess of the number specified or dispensed after 1 year of date of the prescription;
  - o drugs labeled, "Caution limited by federal law to Investigational use" or Experimental Drugs;
  - o any drug or medicine purchased after coverage under the Certificate terminates;

#### POST UNIVERSITY 2021 - 2022 STUDENT HEALTH INSURANCE PLAN

- o any drug or medicine consumed or administered at the place where it is dispensed;
- if the FDA determines that the drug is: contraindicated for the Treatment of the condition for which the drug was prescribed; or Experimental for any reason;
- o bulk chemicals;
- non-insulin syringes, surgical supplies, durable medical equipment/medical devices, except as specifically provided in the Prescription Drug Benefit section of the Certificate;
- repackaged products;
- blood components except factors;
- immunology products.
- 42. Non-chemical addictions.
- 43. Non-physical, occupational, speech therapies (art, dance, etc.).
- 44. Modifications made to dwellings.
- 45. General fitness, exercise programs.
- 46. Hypnosis.
- 47. Rolfing.
- 48. Biofeedback.

## Value Added Services

The following are not affiliated with Wellfleet Insurance Company and the services are not part of the Plan Underwritten by Wellfleet Insurance Company. These value-added options are provided by Wellfleet Student.

#### VISION DISCOUNT PROGRAM

For Vision Discount Benefits please go to:

www.wellfleetstudent.com

#### EMERGENCY MEDICAL AND TRAVEL ASSISTANCE

Wellfleet Student provides access to a comprehensive program that will arrange emergency medical and travel assistance services, repatriation services and other travel assistance services when you are traveling. For general inquiries regarding the travel access assistance services coverage, please call Wellfleet Student at (877) 657-5030, TTY 711. If you are traveling and need assistance in North America, call the Assistance Center toll-free at: (877) 305-1966 or if you are in a foreign country, call collect at: (715) 295-9311. When you call, please provide your name, school name, the group number shown on your ID card, and a description of your situation. If the condition is an emergency, you should go immediately to the nearest physician or hospital without delay and then contact the 24-hour Assistance Center.

#### **24 HOUR NURSELINE**

Students who enroll and maintain medical coverage in this insurance plan have access to the 24 Hour Nurseline. This 24-Hour Nurseline program provides:

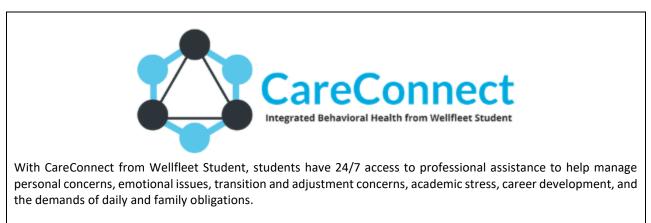
- Phone-based, reliable health information in response to health concerns and questions; and
- Assistance in decisions on the appropriate level of care for an injury or sickness.

Appropriate care may include self-care at home, a call to a physician, or a visit to the emergency room.

Calls are answered 24 hours a day, 365 days a year by experienced registered nurses who have been specifically trained to handle telephone health inquiries.

This program is not a substitute for doctor visits or emergency response systems. The *Nurseline* does not answer health plan benefit questions. Health benefit questions should be referred to the Plan Administrator. The *24 Hour Nurseline* toll free number will be on the ID card.

### (800) 634-7629



Members in need of assistance simply call the behavioral health hotline on their ID card, or via the Wellfleet Student mobile app for immediate access to a masters-level mental health professional. Students are run through a clinical assessment to determine if CareConnect counseling, health center referral, or other treatment is necessary. To access mobile features, students simply download their school's app in their device's app store.