

# Paul Smith's College Student Health Plan:

## National Union Fire Insurance Company of Pittsburgh, Pa. Coverage Period: 08/15/2016 – 08/14/2017

Summary of Benefits and Coverage: What this Plan Covers & What it Costs      Coverage for: Individual + Family | Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <http://www.studentinsurance.com/Apps/Schools/Default.aspx?ID=580> or by calling 1-877-657-5030.

Important Questions	Answers	Why this Matters:
<b>What is the overall <u>deductible</u>?</b>	Individual: \$300 Participating Provider/\$300 Non-Participating Provider / Family: \$300 Participating Provider/\$300 Non-Participating Provider. Does not apply to preventive care at a Participating Provider or prescribed medicines at a participating pharmacy.	You must pay all the costs up to the <b>deductible</b> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <b>deductible</b> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <b>deductible</b> .
<b>Are there other <u>deductibles</u> for specific services?</b>	No.	You don't have to meet <b>deductibles</b> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
<b>Is there an <u>out-of-pocket limit</u> on my expenses?</b>	Yes. Participating Provider: \$6,350 Individual/\$12,700 Family / Non-Participating Provider: \$6,350 Individual/\$12,700 Family	The <b>out-of-pocket limit</b> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
<b>What is not included in the <u>out-of-pocket limit</u>?</b>	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .
<b>Is there an overall annual limit on what the plan pays?</b>	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
<b>Does this plan use a <u>network of providers</u>?</b>	Yes. For a list of Participating Providers, go to <a href="http://www.studentinsurance.com/Apps/Schools/Default.aspx?ID=580">http://www.studentinsurance.com/Apps/Schools/Default.aspx?ID=580</a> or call 1-877-657-5030	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
<b>Do I need a referral to see a <u>specialist</u>?</b>	No.	You can see the <b>specialist</b> you choose without permission from this plan.
<b>Are there services this plan doesn't cover?</b>	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <b>excluded services</b> .

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use participating **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care <b>provider's</b> office or clinic	Primary care visit to treat an injury or illness	20% coinsurance	20% coinsurance	-None-
	Specialist visit	20% coinsurance	20% coinsurance	-None-
	Other practitioner office visit	20% coinsurance	20% coinsurance	-None-
	Preventive care/screening/immunization	No charge	20% coinsurance	-None-
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	20% coinsurance	-None-
	Imaging (CT/PET scans, MRIs)	20% coinsurance	20% coinsurance	-None-

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Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
<b>If you need drugs to treat your illness or condition</b>  More information about <u>prescription drug coverage</u> is available at <a href="http://www.optum.com/">http://www.optum.com/</a> .	Generic drugs	Retail:\$10 copay/prescription 0% coinsurance Mail Order: \$20 copay/prescription 0% coinsurance	Not covered	Limited to 30 day supply (90 day for mail order)/prescription
	Preferred brand drugs	Retail: \$20 copay/prescription 0% coinsurance Mail Order: \$40 copay/prescription 0% coinsurance	Not covered	Limited to 30 day supply (90 day for mail order)/prescription
	Non-preferred brand drugs	Retail: \$35 copay/prescription 0% coinsurance Mail Order: \$70 copay/prescription 0% coinsurance	Not covered	Limited to 30 day supply (90 day for mail order)/prescription
	Specialty drugs	Retail: \$35 copay/prescription 0% coinsurance Mail Order: \$70 copay/prescription 0% coinsurance	Not covered	Limited to 30 day supply (90 day for mail order)/prescription
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	20% coinsurance	-None-
	Physician/surgeon fees	20% coinsurance	20% coinsurance	-None-
<b>If you need immediate medical attention</b>	Emergency room services	\$100 copay/visit 20% coinsurance	\$100 copay/visit 20% coinsurance	Copay waived if hospital admission
	Emergency medical transportation	20% coinsurance	20% coinsurance	-None-
	Urgent care	20% coinsurance	20% coinsurance	-None-
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	20% coinsurance	20% coinsurance	-None-
	Physician/surgeon fee	20% coinsurance	20% coinsurance	-None-

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**Coverage for: Individual + Family | Plan Type: PPO**

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
<b>If you have mental health, behavioral health, or substance abuse needs</b>	Mental/Behavioral health outpatient services	20% coinsurance	20% coinsurance	-None-
	Mental/Behavioral health inpatient services	20% coinsurance	20% coinsurance	-None-
	Substance use disorder outpatient services	20% coinsurance	20% coinsurance	Up to 20 visits/plan year may be used for family counseling
	Substance use disorder inpatient services	20% coinsurance	20% coinsurance	-None-
<b>If you are pregnant</b>	Prenatal and postnatal care	Prenatal: No charge Postnatal: 20% coinsurance	Prenatal: 0% coinsurance Postnatal: 20% coinsurance	-None-
	Delivery and all inpatient services	20% coinsurance	20% coinsurance	-None-
<b>If you need help recovering or have other special health needs</b>	Home health care	20% coinsurance	20% coinsurance	Limited to 40 visits/plan year
	Rehabilitation services	20% coinsurance	20% coinsurance	-None-
	Habilitation services	20% coinsurance	20% coinsurance	-None-
	Skilled nursing care	20% coinsurance	20% coinsurance	Limited to 200 days/plan year
	Durable medical equipment	20% coinsurance	20% coinsurance	-None-
	Hospice service	20% coinsurance	20% coinsurance	Limited to 210 days/plan year. Up to 5 visits/plan year for family bereavement counseling
<b>If your child needs dental or eye care</b>	Eye exam	20% coinsurance	20% coinsurance	Limited to 1 exam/plan year
	Glasses	20% coinsurance	20% coinsurance	Limited to 1 prescribed lenses & frames/plan year
	Dental check-up	20% coinsurance	20% coinsurance	Limited to 1 exam/6 month period

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**Summary of Benefits and Coverage:** What this Plan Covers & What it Costs    **Coverage for: Individual + Family | Plan Type: PPO**

## Excluded Services & Other Covered Services:

### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- |                     |                        |                            |
|---------------------|------------------------|----------------------------|
| • Acupuncture       | • Cosmetic surgery     | • Dental care (Adult)      |
| • Long-term care    | • Private-duty nursing | • Routine eye care (Adult) |
| • Routine foot care | • Weight loss programs | •                          |

### Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- |                         |  |                |
|-------------------------|--|----------------|
| • Bariatric surgery     | • Chiropractic care                                  | • Hearing aids |
| • Infertility treatment | • Non-emergency care when traveling outside the U.S. |                |

## Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-877-657-5030. You may also contact your state insurance department at 1-800-342-3736.

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## Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Individual + Family | Plan Type: PPO

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### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal or file a grievance. For questions about your rights, this notice, or assistance, you can contact: Consolidated Health Plans, 2077 Roosevelt Avenue, Springfield, MA 01104. You may also contact the state independent Consumer Assistance Program at: Community Health Advocates, 633 Third Avenue, 10<sup>th</sup> Floor, New York, NY 10017; or call toll free: 1-888-614-5400.

### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-567-5030.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-657-5030.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-657-5030.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwíijigo holne' 1-877-657-5030.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

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**Paul Smith's College Student Health Plan:**  
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Coverage Examples Coverage for: Individual + Family | Plan Type: PPO

## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



### This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$5,620
- Patient pays \$1,920

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

#### Patient pays:

Deductibles	\$300
Copays	\$20
Coinsurance	\$1,400
Limits or exclusions	\$200
<b>Total</b>	<b>\$1,920</b>

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$4,220
- Patient pays \$1,180

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient pays:

Deductibles	\$300
Copays	\$400
Coinsurance	\$400
Limits or exclusions	\$80
<b>Total</b>	<b>\$1,180</b>

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## Questions and answers about the Coverage Examples:

### What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

### Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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